Unit 1: Self-assessment form

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| Self-assessment form |
| Name |
| Choose the answer that best describes you: |
| 1. I am a creative person.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I am an organized person.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I like taking risks.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I am a good communicator.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I manage my time well.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I adapt easily to every situation.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I relate to other people easily.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I am a good negotiator.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I have strong moral principles.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |
| 1. I am a confident public speaker.  |  |  |  |  | | --- | --- | --- | --- | | Strong | Average | Needs improvement | Don’t know | |